

Directions to Elmsford Gymtime

326-328 Saw Mill River Road (Route 9A)
Elmsford NY 10523
(914) 948-1868
www.gymtimeplace.com

From Points South - via I-87 (Degan Expressway in NYC)
Follow I-87 to the exit for the SAW MILL PKWY NORTH
Take the exit toward RT-119/Elmsford
Turn RIGHT onto W MAIN ST / NY-119 / TARRYTOWN-WHITE PLAINS RD.
Turn LEFT onto 9A North (N CENTRAL AVE)
Take 9A for approximately 1.5 mile
Make a right unto the Multiplex Cinemas

From Points North - via Saw Mill River Parkway
Merge onto SAW MILL PKWY South
Take the Saw Mill River Rd/Neperhan Rd exit
Turn LEFT onto Saw Mill River Rd.
Merge onto NY-9A South
Go straight on 9A for about 2 miles
Make a left unto Multiplex Cinemas

From points East - via I-287
Take I-287 West toward TAPPAN ZEE BR.
Take the Elmsford exit- EXIT 2- stay in your right lane.
Make a right on the light which is 9A North.
Take 9A for approximately 1 mile
Make a right unto the Multiplex Cinemas

